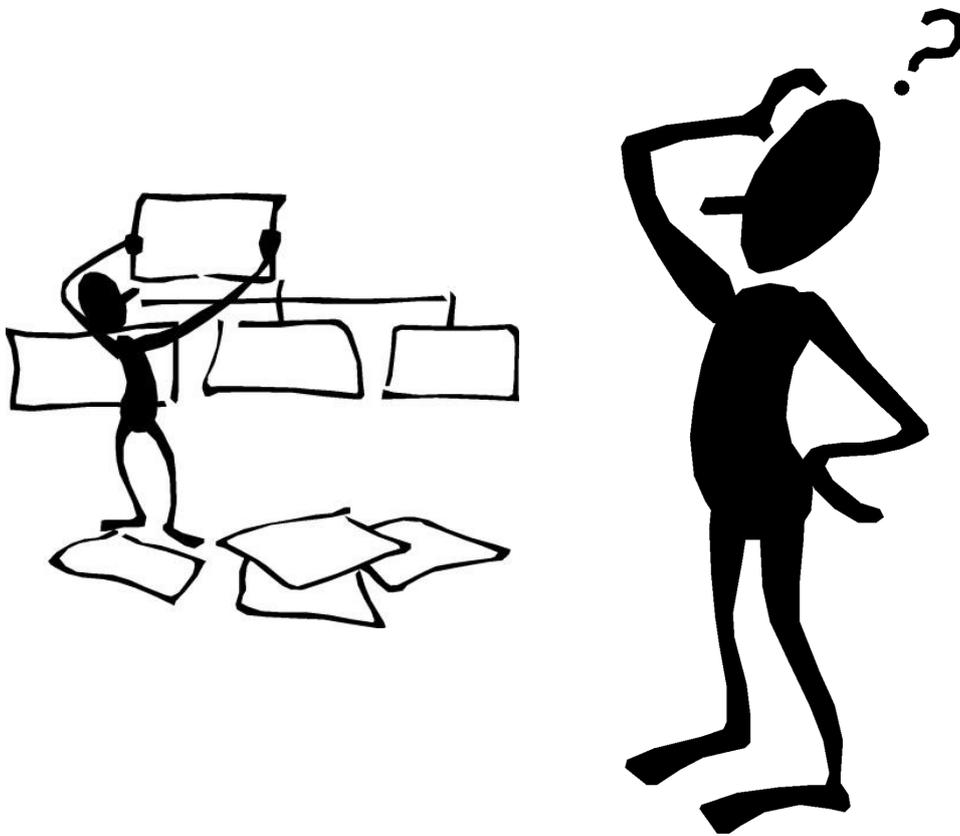


Parent/Carer(s) guide to exam success for your child



How can parents/carers help?

2015/16

What difference can I make?

According to the Times Educational Supplement (TES) stated parental support is **EIGHT TIMES** more important than social class in determining a child's academic success.

Your input in your child's education is crucial and can make the difference between a C and a D, an E and an F or an A* and a B.

What problems will my child experience?

This is a very stressful time for your child. Some of the problems they may face include...

- Getting behind with coursework or exam notes
- Feeling unmotivated or having trouble getting motivated
- Feeling overloaded and unsure where to begin
- Getting started on revision and being put off by the workload
- Being unsure about what or how to revise
- Organising themselves to cover all exams and topics in their revision
- Unsure of when exams are
- Not understanding information and not asking for help
- Not taking responsibility for their own learning
- Not understanding the importance of their exams for the future
- Feeling they have left it too late and there is no point

The main exam period begins on Monday 16 May. This is not long however...

IT IS NOT TOO LATE!



How can I help?

You may not be a subject expert but there are many ways you can help your child be successful...

- Make sure your child attends school and goes to lessons. **Every lesson counts!**
- Sit down with your child and help them plan a revision timetable. This involves listing all of the exams and topics your child needs to revise and planning time over the weeks to cover every area. A generic timetable is included in the students revision guide in the KS4 area on this website. Also details of the topics for each subject are included.
- Help your child stick to their revision timetable – a bit of encouragement and reward can go along way!
- Keep in contact with the school and your child's teachers to find out how you can best help. You can email Mr Olliver via the school email stollivers@millom.cumbria.sch.uk.
- Help provide a quiet work area for your child and the correct equipment that they need for revision purposes e.g. pens, paper, postcards, post it notes etc.
- Provide your child with relevant revision guides. Some are provided by certain subjects in school. Ask your child's teacher for the best guides for the exams they are sitting.
- Help them with revision. You could test your child regularly on topics.
- Be there for the stressful times – they may need to shout with frustration or cry when the workload seems too much. Be a listener and a support and help them work through their problems.
- Help them find exam papers or get hold of notes that they may have lost or missed.
- Agree a balance between work and social life and **stick to it!**
- Be there with your child's favourite drinks and snacks to help make their revision time more bearable!
- Support their way of working and revising – it may not be what you would do but they may be doing the best they can.
- Remember it is never too late to do some revision – encourage them of this even if they feel they have left it too late. Some revision is better than none.
- Make sure they know their timetable – have it stuck on a notice board at home.
- Make sure they are prepared for their exams with the correct equipment e.g. Black pen, pencil, coloured pens, rubber, ruler, sharpener, compass, protractor and a calculator. These need to be in a clear pencil case.
- Help them get to exams on time!

Look at the students revision guide on the Millom School website under **Parent/Carer Information, year 11**

Go through this with your child and encourage them to use it.